



**Does someone you care about have a gambling problem?**

Take the test.

	<b>Yes</b>	<b>No</b>
1. Do you find yourself constantly bothered by bill collectors?.....	<input type="checkbox"/>	<input type="checkbox"/>
2. Is the person in question often away from home for long, unexplained periods of time? .....	<input type="checkbox"/>	<input type="checkbox"/>
3. Does this person ever lose time from work due to gambling? .....	<input type="checkbox"/>	<input type="checkbox"/>
4. Do you feel that this person cannot be trusted with money? .....	<input type="checkbox"/>	<input type="checkbox"/>
5. Does the person in question faithfully promise that he/she will stop gambling; beg, plead, for another chance, yet gamble again and again? .....	<input type="checkbox"/>	<input type="checkbox"/>
6. Does this person ever gamble longer than he/she intended to, until the last dollar is gone? .....	<input type="checkbox"/>	<input type="checkbox"/>
7. Does this person immediately return to gamble to recover losses, or to win more? .....	<input type="checkbox"/>	<input type="checkbox"/>
8. Does this person ever gamble to get money to solve financial difficulties, or have unrealistic expectations that gambling will bring the family material comfort and wealth? .....	<input type="checkbox"/>	<input type="checkbox"/>
9. Does this person borrow money to gamble with or to pay gambling debts? .....	<input type="checkbox"/>	<input type="checkbox"/>
10. Has this person's reputation ever suffered due to gambling, even to the extent of committing illegal acts to finance gambling? .....	<input type="checkbox"/>	<input type="checkbox"/>
11. Have you ever come to the point of hiding money needed for living expenses, knowing that you and the rest of the family may go without food and clothing if you do not? .....	<input type="checkbox"/>	<input type="checkbox"/>
12. Do you search this person's clothing or go through his/her wallet when the opportunity presents itself, or otherwise check on his/her activities? .....	<input type="checkbox"/>	<input type="checkbox"/>
13. Do you hide his/her money? .....	<input type="checkbox"/>	<input type="checkbox"/>
14. Have you noticed a personality change in the gambler as his/her gambling progresses? .....	<input type="checkbox"/>	<input type="checkbox"/>
15. Does the person in question consistently lie to cover-up or deny his/her gambling activities? .....	<input type="checkbox"/>	<input type="checkbox"/>
16. Does this person use guilt induction as a method of shifting responsibilities for his/her gambling upon you? .....	<input type="checkbox"/>	<input type="checkbox"/>
17. Do you attempt to anticipate this person's moods or try to control his/her life? .....	<input type="checkbox"/>	<input type="checkbox"/>
18. Does this person ever suffer from remorse or depression due to gambling, sometimes to the point of self-destruction? .....	<input type="checkbox"/>	<input type="checkbox"/>
19. Has the gambling ever brought you to the point of threatening to break up the family unit? ....	<input type="checkbox"/>	<input type="checkbox"/>
20. Do you feel that your life together is a nightmare? .....	<input type="checkbox"/>	<input type="checkbox"/>

Compulsive gamblers usually answer "yes" to at least six of these twenty questions. If you answer "yes" to six or more, call Gamblers Choice toll-free at 1-877-702-7848 or e-mail [gamblerschoice@lutheran-social-services.org](mailto:gamblerschoice@lutheran-social-services.org) for more information.