



## Support Lutheran Social Services of North Dakota Walk/Run at the Fargo Marathon

**Friday, May 21 or Saturday, May 22**

5K • 10K • Half Marathon • Full Marathon • Marathon Relay

LSS/ND is one of eight Go Far Charity teams chosen to participate in the 2010 Fargo Marathon  
Put your **Faith in Action** and join the team.

**Faith in Action** Go Far Charity Team members will receive:

- LSS/ND "Faith in Action" long sleeved t-shirt
- Discounts on running apparel and shoes at Dick Beardsley Running Company and Beyond Running
- Monthly training and incentive gifts from LSS/ND
- Ticket to special Charity Team Kickoff Dinner on Monday, May 17
- A fun-filled and supportive community of runners
- Complimentary massage for Go Far Charity Team half and full marathon participants on the day of the event
- PLUS additional perks provided to participants of the Fargo Marathon events



As a member of the **Faith in Action** Go Far Charity Team you agree to:



- Pay registration fee for marathon events. Visit [www.FargoMarathon.com](http://www.FargoMarathon.com) and click on registration link for pricing details and sign-up.
- Raise a minimum of \$250 in donations from family, friends, and coworkers to benefit the work of LSS/ND
- Visit [www.lssnd.org](http://www.lssnd.org) and click on the LSS/ND Faith in Action team logo to join the team and begin creating your FREE personalized fundraising page.

### Not a runner or a walker?

- Cheer on the LSS/ND Faith in Action team along the race route
- Support the team with your donation by going to: [www.active.com/donate/lssnd](http://www.active.com/donate/lssnd)

For more information, visit [www.lssnd.org](http://www.lssnd.org) or contact **Faith in Action** co-captains:

Joel Friesz: 701-271-3241 / [jfriesz@lssnd.org](mailto:jfriesz@lssnd.org)

Jill Baker: 701-271-3253 / [jbaker@lssnd.org](mailto:jbaker@lssnd.org)



## Lutheran Social Services of North Dakota

Running or walking in this year's  
Fargo Marathon Event?

Dedicate your efforts for a good cause.  
when you sign-up for the  
Lutheran Social Services  
of North Dakota  
Faith in Action Go Far Charity Team  
(see reverse side for details)

